











# A ME RADM DICK BROOKS COMMANDER, NAVAL SAFETY

#### Naval Media Center



Title: A Safety Message to the Fleet from

COMNAVSAFCEN

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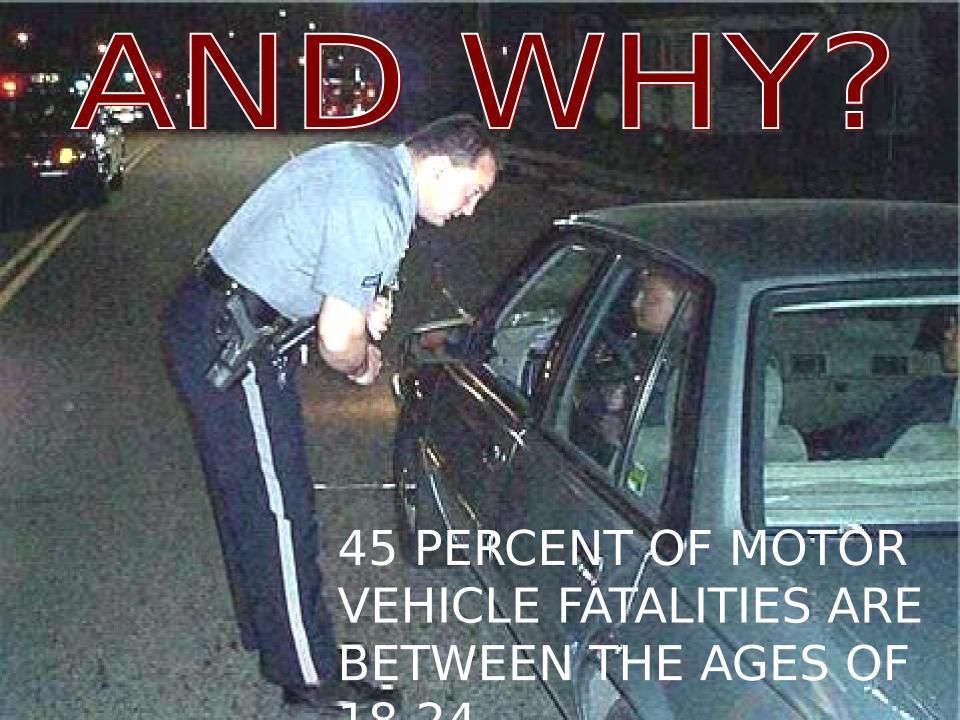
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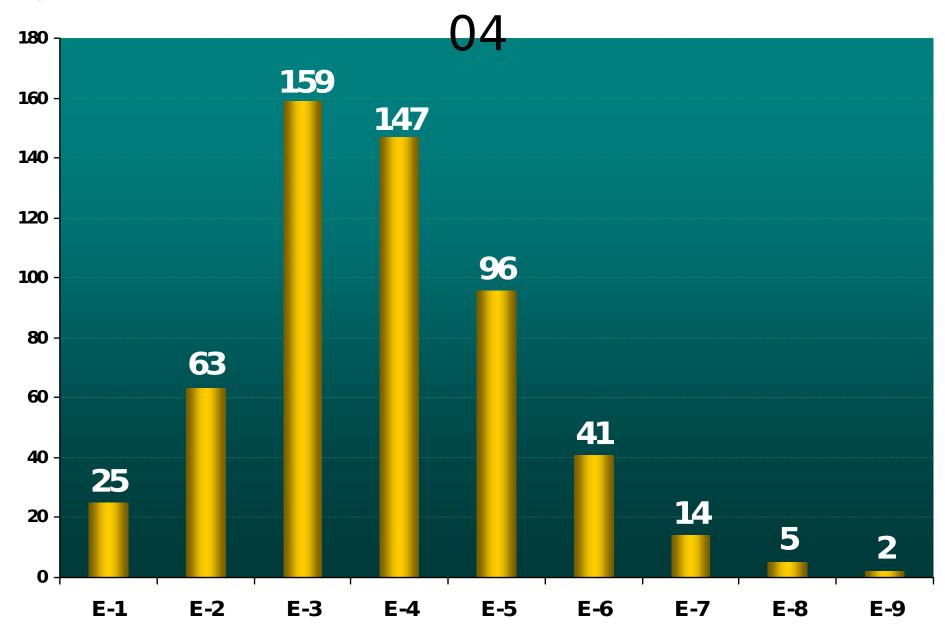






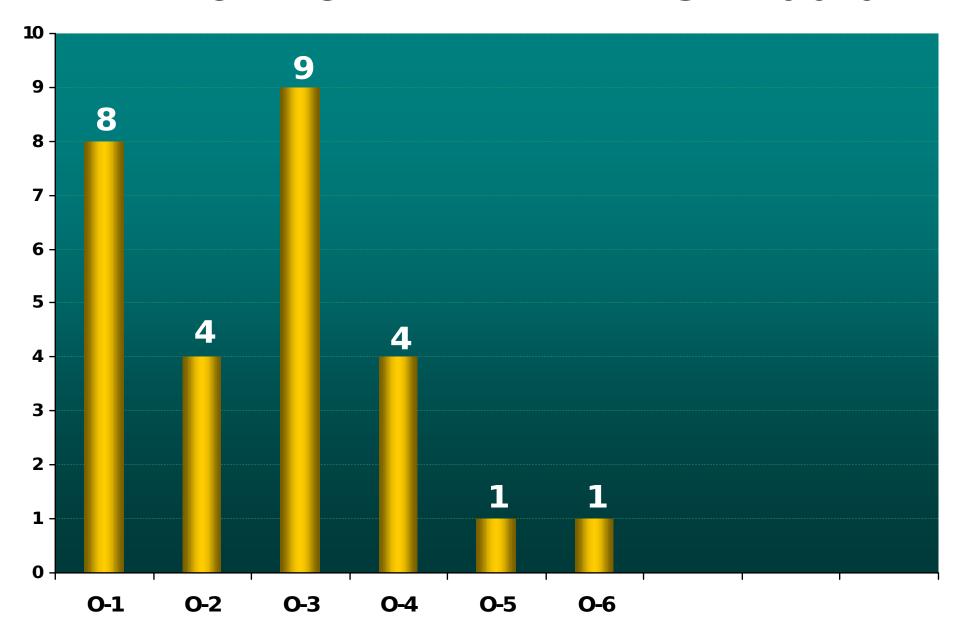


### **ENLISTED MV DEATHS FY00-**



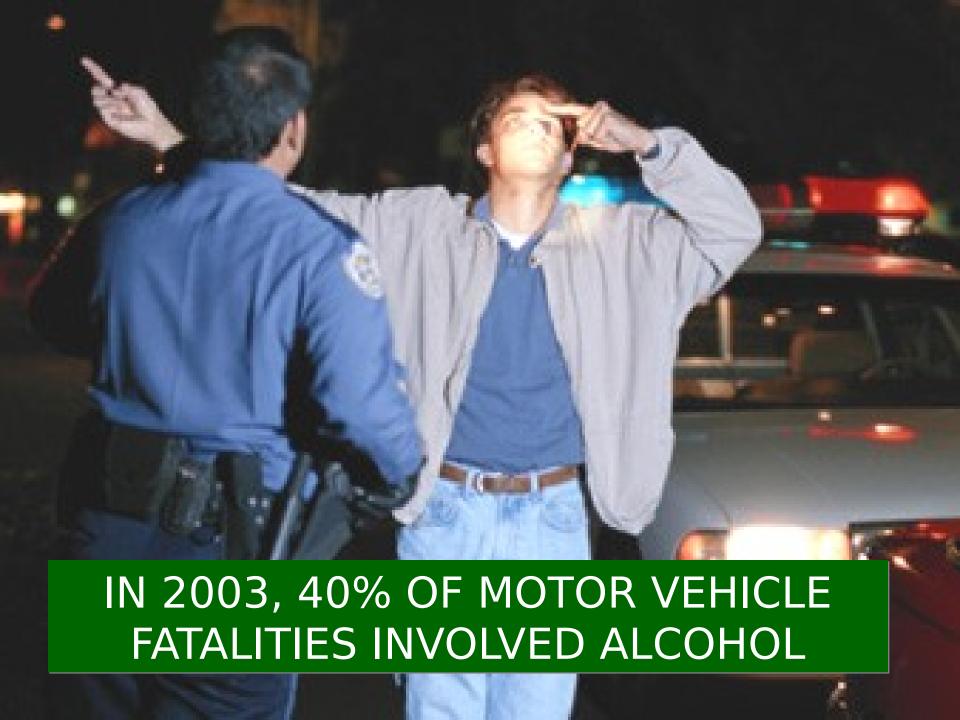


#### OFFICER MV DEATHS FY00-04

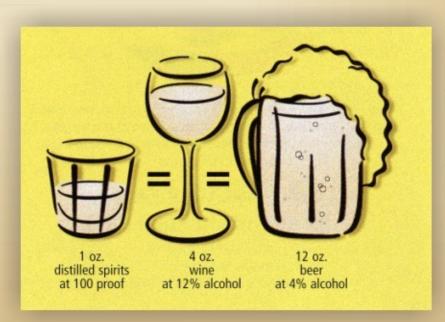




EVERY DAY, 122 PEOPLE DIE IN MOTOR
VEHICLE ACCIDENTS (EQUAL TO AN



# Do You Know How Much You Are Drinking?



One oz. of distilled spirits, one 4 oz. glass of wine, one 12 oz. beer all contain the **SAME** amount of alcohol.

A drink with 80-proof liquor would contain 40% PURE alcohol.

A woman who consumes 2 oz. of liquor will experience about the **SAME** effects as a man who consumes 4 oz.

Sources: VA ABC Department & AAA Traffic Safety Department



#### **IMMEDIATE COST:**

Towing	\$100
Lawyer	\$3,500
Fine	\$400
Alcohol Education Course	\$100
Court Fees	\$400

#### LONG-TERM COST:

Insurance Surcharge	\$1,500
License Re-instatement	\$1,000

#### TOTAL MONETARY COST: \$7,000

Charges and fees vary by state.

#### **OTHER COST:**

Impact on career and personal embarrassment to family and friends.

Source: Community Traffic Safety Team

# Driving Under the Influence

#### THE LAW

Legal drinking age: 21 years

Level of blood alcohol content for DUI: .08

(BAC level varies by state)

DUI conviction of military personnel: If charged at a court martial, the penalties could result in a dishonorable discharge, forfeiture of all pay and allowances, and confinement in the brig for 18 months.

#### **INEXPENSIVE ALTERNATIVES**

Call a taxi cab: \$30-\$50

Get a hotel room: \$50-\$100

Call a friend/co-worker/boss: FREE

Use command-provided SAFE Ride card: FREE

#### MAKING THE SMART CHOICE

Knowing you did not risk your life or the life of an innocent victim of a DUI-related accident: PRICELESS!

## Alcohol, Van, & Speed Don't Mix



Service member was traveling north when his 2000 Chevrolet van ran into the median, struck a street sign and continued into the southbound lanes.

The van continued up onto the curb and collided with a brick sign.

# Alcohol, Van, & Speed Don't Mix

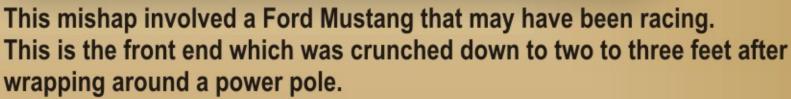


The driver had to be cut out of the vehicle. Member had a torn aorta with an open wound to the knee and thigh. The member underwent surgery and remained in critical condition. A second surgery followed to amputate the left leg at the knee due to the onset of gangrene.

Member passed away seven days after the crash.

## Unsafe at High Speed







# Unsafe at High Speed





The speed was estimated to be traveling 90-95mph when it struck a power pole causing the vehicle to split in half and instantly killing the driver, a 32-year-old Navy Petty Officer.

# Dur Sailors and Marines Mi Risk

#### NATIONAL STATISTICS

- Two out of every five people will be involved in an alcohol-related crash in their lifetime.
- In 2003, alcohol was a contributing factor in 40% of all motor vehicle fatalities.
- Every day, 13 people between the ages of 16 and 24 die in an alcohol-related crash.
- Alcohol-related motor vehicle crashes cost America \$34.1 billion in 2002.

Source: National Safety Council

#### RIAWY-MIAVRIINIE CORIPS FAICTS

- 251 Sailors and 212 Marines died in automobile crashes in FY00-FY03.
- In FY00-03, alcohol-related fatalities consisted of 35.9% Sailors and 25% Marines.
- In 2004, Congress amended the UCMJ to lower the BAC to .08.
- 66 Sailors and 45 Marines under 26 accounted for alcohol-related fatalities in FY00-03.

# How To Spot A Drunk Driver

When a drunk driver is on the road, we are all at risk...

#### Warning signs to look for while you are driving:

- Drifting, weaving, or hitting curbs
- Speeding or driving too slowly
- Giving inconsistent signals
- Braking erratically
- Stopping for no apparent cause
- Driving with the window rolled down in cold weather
- Tailgating and passing dangerously close to other cars
- Making wide turns and hitting objects near the road

# What You Can Do

Safe driving requires more than just learning the necessary skills. Young adults need to adopt - and leaders need to encourage - safe attitudes and responsible behaviors.

- Adopt a None for the Road campaign at your command.
- Designate a "duty" driver when going out with friends.
- Ask to spend the night if at a home party.
- Do not give in to peer pressure. Use best judgment.
- Call for a ride or set up a Taxi Ride program.
- Serve non-alcoholic drinks at your party.
- Call #77 to report a drunk driver on the highways.

None for the Road is Best!



# Of the 32,598 passenger vehicle occupants killed in crashes in 2002, 59 % were not wearing a safety belt.

- NHTSA, Traffic Safety Facts 2002, October 2003 -



# AGGRESSIVE DRIVING

- Aggressive tailgating
- Lights flashed at them because the other motorist was annoyed
- Aggressive or rude gestures
- Deliberately obstructed or prevented from moving their vehicle
- Verbal abuse
- Physically assaulted











HOW FAST DO YOU HAVE TO GO TO TEAR A CAR IN HALF?









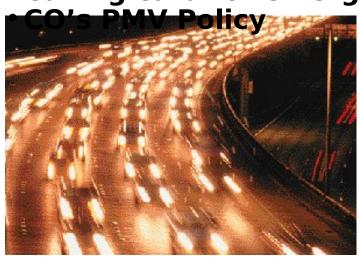




# Toolbox for Motor Vehicle

(www.safetycenter.navy.ml/ashory/motorvehicle/toolbox/)

- Leave Chit Statement
- PMV Status Board
- Designated Driver / CMD Transport
- Pre-Trip Checklist / Brief / Counseling
- Calling card for emergencies





- PMV Safety Quiz
- Safety Standdowns / Seminars
- Pre Holiday Briefs
- Newcomer orientation/Indoc
- Leave / Liberty request
- Crash Prevention Awards Program



# Motorcycle Protective Safety

Gaar

#### **HELMET TYPES**





3/4



Full Helmet

#### **EYE PROTECTION**





Vehicle Equipment Safety
Commission/American National Safety





# FOOTWEAR TYPES REQUIRED BY DOD















# Motorcycle Safety

# Do you have and use all the REQUIRED personal protective equipment as prescribed in OPNAVINST 5100.12G:

- Long trousers
- Long-sleeved shirt or jacket
- Full-finger leather gloves
- Hard soled shoes with heels that protect the ankle
- Protective eyewear
- Brightly colored clothing during the day and reflective clothing at night
- > AND THE MOST IMPORTANT...









# "Life is tough, but it's tougher if you're tupid"

Sergeant John M. Stryker, USMC, "The Sands of Iwo Jima"





# "Heaven Can Wait" Safety Belt Use Campaign

Courtesy of Duval Guillaume,







